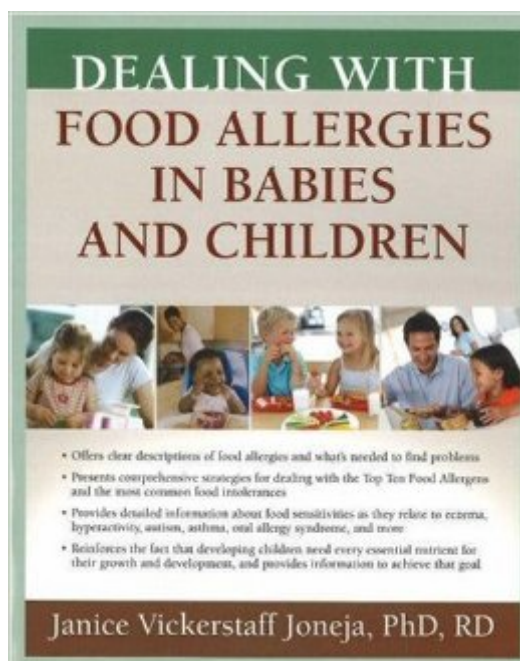


The book was found

Dealing With Food Allergies In Babies And Children



Synopsis

The tools and methods this guide provides for analyzing and treating allergies in children are adaptable to a variety of situations without ever losing sight of a child's nutritional needs. Recognizing that deficiencies in critical nutrients during a child's early years can have enormous consequences on growth and bodily functions, the book focuses on prevention and allergy management during pregnancy, in the early weeks of life, and in early childhood. The unique allergen scale and the strategies for confronting the 10 most common allergens will help parents balance their child's specific nutritional needs while managing delicate allergies to food.

Book Information

Paperback: 448 pages

Publisher: Bull Publishing Company; 1 edition (October 1, 2007)

Language: English

ISBN-10: 193350305X

ISBN-13: 978-1933503059

Product Dimensions: 7 x 1.1 x 9.2 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (12 customer reviews)

Best Sellers Rank: #1,009,957 in Books (See Top 100 in Books) #37 in [Books > Health, Fitness & Dieting > Children's Health > Allergies](#) #187 in [Books > Health, Fitness & Dieting > Nutrition > Food Allergies](#) #398 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies](#)

Customer Reviews

I got this book because I saw a blogger mention it regarding eczema. I got it and immediately read the chapter regarding eczema as I proceeded through an elimination diet for my breastfed baby. It wasn't until I had eliminated most of the big 8 allergens that I finally read the wheat chapter. Wouldn't you know it? The eczema chapter failed to mention what the wheat chapter did; wheat can be a big cause of eczema as well. Perhaps the author needs to release a new addition making this a better reference versus a cover to cover read.

My son, who just turned 1, is actually milk protein intolerant. I am very lucky it isn't a true allergy, but it is still very difficult to deal with. This book made me feel as if I had more of a handle on the situation. It helped me to understand the actual scientific/physiological reasons for

allergies/intolerances. While reading this book, it became clear my son has other intolerances/allergies that I have not yet identified (which was my hunch). The information on how allergies manifest and their symptoms and signs was helpful in that it made me know that all these things that I have been noticing are not me being a paranoid mother. It is difficult for doctors to see the whole picture when you take them in on different days for say, irritability, tickly ears, stomach upset, etc. This book helped me to put it all together. I highly recommend it.

I found this book really comprehensive, easy to read and follow. My infant son's eczema improved after following her eczema diet. He has food 'intolerances' not true allergies but this was a fantastic resource.

Dr. Joneja made a very difficult situation easier. As a first time mom my newborn son was having terrible stomach issues from foods I was eating and the proteins in my breast milk. With guidance from the book we were able to identify the problem and work towards solving it. I am very grateful to have found this book.

I'm only part way through this book, but I am very grateful for it's content, which is well-researched, thorough, and the only one of it's kind, as far as I know. The author obviously has lots of experience with this issue, both personally and professionally, so I trust her. So far, the only drawback is that it is more like a textbook in it's descriptions at times-I guess I need the "Cliff's Notes." I am an RD and should be able to "digest" (pun intended) this information easier. This is a complicated subject, however. I work with children with food allergies and want to be better equipped to help them. I've recommended her book to others, because I feel it is more up to date than Doris Rapp's works, but maybe a simpler format would be better for lay parents (and some RD's!)

Indeed in many cases a particular healthy fresh food may be detrimental to your little one. As a nurturing parent you clean, cuddle, and feed your child. But you sense that there is something wrong. A differential diagnosis to be considered is food allergy. Food allergy and intolerance is more prevalent than you might guess (8%). Unfortunately not recognizing it causes the affected child distress. A 15 minute visit with the doctor may prove beneficial. But there is no single reliable lab test that can prove that a child is intolerant to a specific food or additive. Specialty consultations are in order. And that's where this well written functional book fits in. Comprehensive chapters range through symptoms - detection - diagnosis - prevention - treatment. Celiac disease, autism, eczema,

atypical behavior are just a few conditions which are highlighted. Dozens of diets and specific food allergies are detailed in this informative book. Step by step processes are explained by a very well qualified author. She presents methods for analyzing and treating problems, never losing sight of the child's nutritional needs.

[Download to continue reading...](#)

Dealing with Food Allergies in Babies and Children Crochet For Babies: 12 Cute Crochet Projects for Babies: (Crochet Patterns For Babies, Cute and Easy Crochet) (crochet projects, crochet pattern books) ZONE DIET: Zone Diet Cookbook (Includes 50 Zone Diet Recipes For Every Meal) (Antioxidants & Phytochemicals, Food Allergies, Macrobiotics, Food Allergies, ... Zone diet food, Zone diet for beginners 1) Dealing with Food Allergies: A Practical Guide to Detecting Culprit Foods and Eating a Healthy, Enjoyable Diet Toddlers Tantrums: Understanding and Dealing With Toddlers Tantrums Effectively (Toddlers Tantrums, Parenting, Motherhood, Dealing with Tantrums, Discipline, ... Childrens Behaviour, Potty Training,) Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions Allergies: Fight them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat Right 4 Your Type Health Library) Food Intolerance & Allergy Tracker with Blood Sugar Log: (A Food Journal/Diary for Diabetics to Track Food Intolerances and Allergies) Natural Solutions for Food Allergies and Food Intolerances: Scientifically Proven Remedies for Food Sensitivities Ty Beanie Babies Winter 2000 Collector's Value Guide (Collector's Value Guide Ty Beanie Babies) Spring 1999 Collector's Value Guide To Ty Beanie Babies (Collector's Value Guide Ty Beanie Babies) Christmas Babies (Holiday Babies Series Book 1) Non-Euclidean Geometry for Babies (Math for Babies) 100 Exotic Food Recipes (Puerto Rican Food Recipes,Picnic Food RecipesCaribbean Food Recipes,Food Processor Recipes,) Finger Food for Babies & Toddlers: Delicious Nutritious Food for Little Hands to Hold The Total Food Allergy Health and Diet Guide: Includes 150 Recipes for Managing Food Allergies and Intolerances by Eliminating Common Allergens and Gluten Food Allergies and Food Intolerance: The Complete Guide to Their Identification and Treatment The Ultimate Food Allergy Cookbook and Survival Guide: How to Cook with Ease for Food Allergies and Recover Good Health Health Journal: Discover Food Intolerances and Allergies: (A Food Diary that Tracks your Triggers and Symptoms) Food for Life - Friendly Food: The Essential Guide to Avoiding Allergies, Additives and Problem Chemicals

[Dmca](#)